

## Understanding Trace Element Test

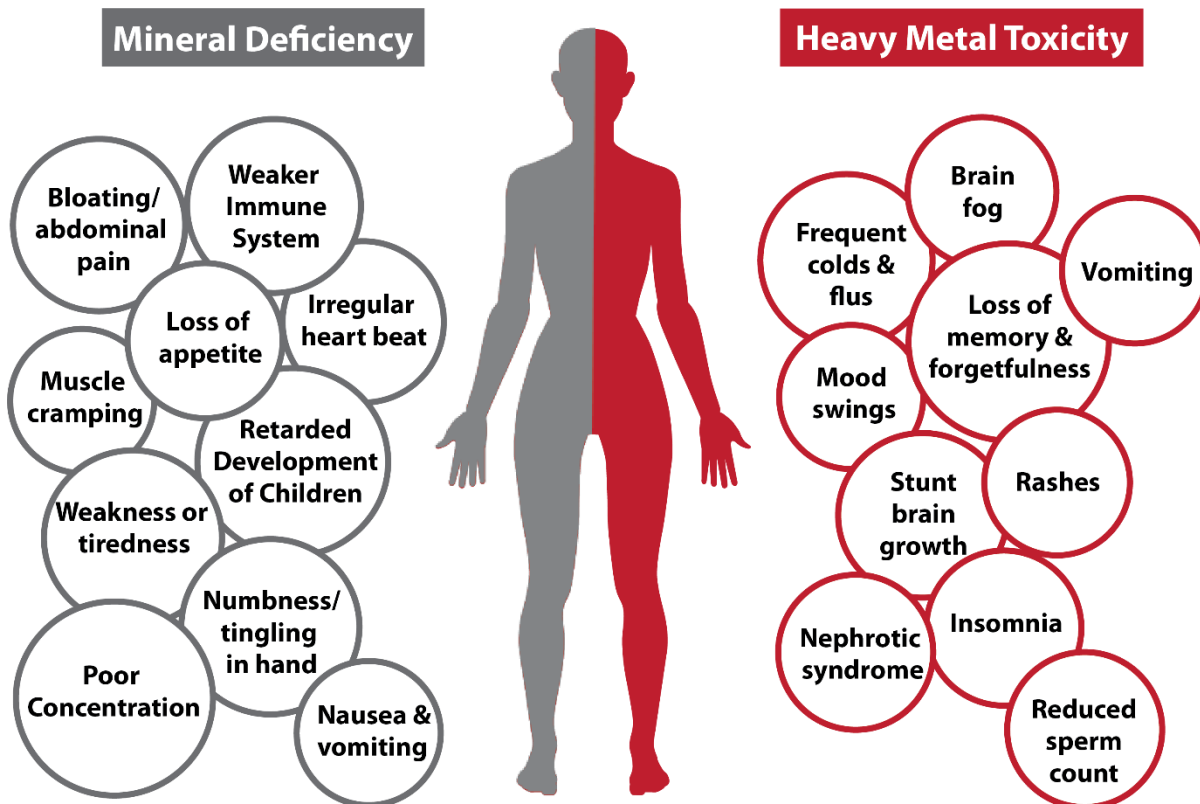
### Excessive Exposure to Toxic Metals?

Exposure to chemicals is not limited to working in the chemical industry or living near an industrial facility. We are exposed to enormous number of chemicals and pollutants sourcing from the -vestiges of eating, drinking, breathing and touching the processed products. People start to worry what 'else' I have consumed after a series of food safety scandals had broken.

### Minerals Imbalance?

Minerals (like Calcium, Iron and Zinc) are important nutrients to maintain our bodily functions. Our body cannot make minerals. When we do not obtain enough minerals from our diet, or absence of some nutrients may affect the uptake of certain minerals. Improper mineral intake could lead to mineral deficiency, hinder essential functions of the body.

### Mineral deficiency or heavy metal exposure might be cause of health issues



### Source of lab test provider: HK BioTek

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